INTERGROUP SCOOP

June 2017   Volume 5

Here we go with another newsletter. We welcome your input, so submit your articles, suggestions or complaints to your newsletter editor: Bob D. of the Bounce Back Group   rjdaniher1@gmail.com

You may have an upcoming event, special meeting, or would just like to announce your meeting schedule and all it's features like; coffee available, AA sobriety chips, or simply let everyone know that you would love to have their support. Let us know and we will publish it for you!

FOUNDERS DAY CELEBRATION
CARL SMITH PARK   HILO
SUNDAY JUNE 11th 10:00 AM - 3:00 PM

DELEGATES REPORT FROM GSC
POT LUCK
INTERGROUP WILL SUPPLY HOT DOGS AND HAMBURGERS
VOLLYBALL   PLENTY OF BEACH TIME

JOIN US FOR FOOD, FUN, AND FELLOWSHIP!

Help us keep the program alive!

We desperately need telephone contact help. Just think, twelve stepping on the phone could very well keep one of us sober for one more day, including ourselves! *You must have at least six months sobriety to participate.*

Sign up for one hour, or more during the following time slots:

Monday 6:00 PM - 12:00 Midnight   Tuesday 12:01 AM - 9:00 AM   Tuesday 6:00 PM - 10:00 PM
                    Friday 12 Noon - 12 Midnight   Saturday 12:01 AM - 9:00 PM

You can do it from your home phone or cell phone. Call the Hot Line at (808) 961-6133 for more information.

SOBRIETY

Sobriety is all about loosing the drink, staying sober and enjoying our new lives. Loosing the drink isn't so hard! We simply realize that if we continue to drink, it will take us to places we don't want to go and we decide to stop drinking. How do we do that?! Most of us can not do it alone. My experience is that Alcoholics Anonymous is the best way to stay sober. It's a simple program that is sometimes difficult to grasp. If we truly believe that we can not stop drinking by ourselves, that our life is unmanageable and that a power greater than ourselves could and will help us stop drinking, then we are on the road to sobriety!

The only requirement for AA Membership is a desire to stop drinking!